

MARCH 2024 - VOL 4

# MERCURY

## MAGAZINE

**Ottawa  
Convention**

**Parsifal  
Unveiled**

**4 Steps of  
Meditation**

# ATLANTIS

**JOURNEY TO THE HEART OF THE LOST CITY**



**Science - Philosophy - Art - Religion - Astrology - Anthropology**





## WELCOME WORDS

Hello,

What a pleasure to have a newsletter like this one to make Gnosis known to people who are interested in it.

As Canadian president, I invite you to read all the articles in this issue carefully, to question yourself sincerely on the concerns raised and to seek answers from the appropriate people. Above all, trust your intuition: pray, ask and you will receive. The Masters of the inner worlds are there to help us, guide us and support us.

I hope you enjoy reading the articles and reflecting on them.

Ms. Monique Lapointe, President AGIRA-IGAAS Canada

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# ABOUT THE GNOSTIC INSTITUTION

## AGIRA-IGAAS CANADA

AGIRA-IGAAS CANADA (International Gnostic Association for Anthropological Studies) is a nonprofit organization (NPO) officially recognized by the government of Canada.

The Mercury Magazine is an editorial prepared by AGIRA-IGAAS CANADA for the purpose of sharing the Gnostic teachings.

### Honorary Presidents

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# THE RELEVANCE OF ATLANTIS

*Matthew Novada, Gnostic Instructor, London, Ontario*

When we think about Atlantis, the first thing that often comes to mind is whether it really existed. As we enter further into the Age of Aquarius (now in its 63rd year), we hear more and more about this mysterious place, time, and civilization which, despite much skepticism, did in fact exist.

Rather than getting caught up in an agnostic existential debate, or settling for believing any conspiracy or fantasy about Atlantis, it is preferable to understand its reality and relevance to our lives today.

We base this on writings of the founder of the Gnostic Institutions, the Venerable Master Samael Aun Weor, the Avatar of the Age of Aquarius, who is authorized to unveil such matters to us.

To establish some context, let us proceed with a dimensional analysis. First of all, if we want to define Atlantis in terms of a place or geographical location, we ask where is or was Atlantis?



“At the bottom of the ocean that bears its name.”

*Gnostic Anthropology*



Many writers of this Aryan race which we are, from Plato to the current Avatar, affirm that it is so, and every esoteric culture the world over has recorded this fact in its version of the Great Flood. So far there is probably no surprise that Atlantis sank. But when? Why? And how is this relevant?

Taking etymology—"soul of history, and one of the most powerful tools of Gnosis[1]"—into account, its watery demise is synonymous with the name itself. Atlantis is a word of Mayan origin, having the prefix atl, meaning "water". In the Mayan Nahuatl language, we often find this syllable. "Atlantis" refers specifically to that land once above the water, but because that portion of land existing at the time was so legendary and highly civilized, the entire land mass of Earth inherited the name Atlantis in synthesis.



Many hypothetical or fantastical maps of Atlantis show the ancient island-continent having a shape that fits within the current bounds of the Atlantic Ocean. Admittedly, the etymology of its name leads the mind to believe that perhaps all the solid ground on planet Earth was at one time situated between America, Europe and Africa, or that Atlantis was always a huge island.





For more precision, and continuing the dimensional analysis, we call upon changes to geology over time. We know that continents are subject to many natural forces. If we consider the tireless tides, they show us that the shape of the continents never ceases to change. Over eons, then, the theory of Pangaea doesn't withstand analysis.

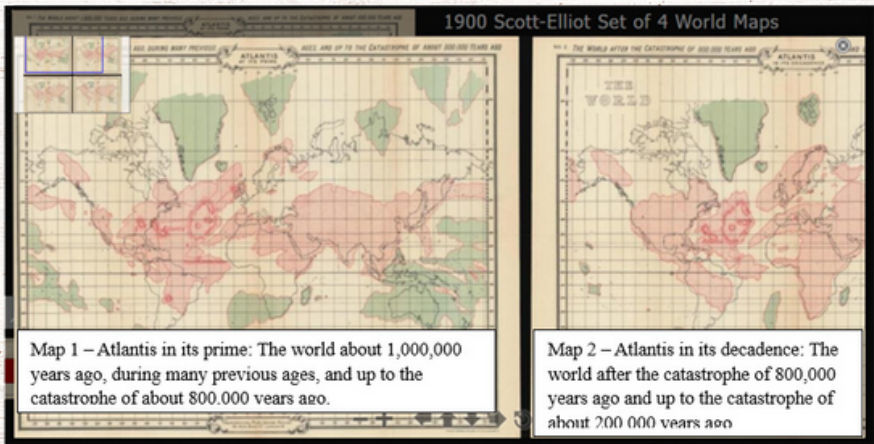
During a series of lectures known as *Gnostic Anthropology*, V.M. Samael stated: "There was a time when America and Europe were united, but now they are separated. This is what the materialistic anthropologists say about Pangaea, but they ignore the rhythms, the periodic movements and the true geological history of this thing they call Pangaea. They are truly still kindergarten students who know nothing about geology."



The former unison of America and Europe had nothing to do with two nicely fitting pieces of a grand puzzle, but rather a contiguous stepping stone. Towards the end of his life, V.M. Samael stated he would unveil a global map of the Atlantean epoch, but at the end of his mission, other works became priority. Thus, this unveiling, which would have been a clairvoyant clarification of existing maps, did not occur.



Below are some of the most famous versions produced, to which Gnosis refers.



*Maps produced by W. Scott-Elliott based on information by C.W. Leadbeater. Courtesy: geographicus.com*

At a certain time during the epoch of Atlantis, dry land covered all that is in pink above, not merely what is now beneath the Atlantic Ocean. It also becomes evident that at some point in time (Map 2), a separation from America had occurred; this now isolated part of the Atlantean land is what sank.

As for the rest, we see the form of the majority of the equatorial lands of today's Aryan humanity. The sunken part, though, undoubtedly produced a great human tragedy—and lesson through the Universal Deluge. It is transcribed in the sacred scriptures of all religions; there must be a lesson here.

Gnosis is always capable of demonstrating the continuity of life. So finally, let's see the Atlantean lands and epoch in terms of human life. It would be foolish to think that only the sunken lands were inhabited. The tragedy of Atlantis surely sparked a migration that acted as a connection between the Atlanteans themselves and our present humanity. It is interesting that materialistic anthropology considers Eastern Africa to be the cradle of humanity, whereas it is obvious where the majority of Aryan human souls live: Asia. When writing about a past existence, V.M. Samael refers to this Atlantean-Aryan connection as follows:





“In central Asia, in the very heart of the Himalayas, on one side of Tibet, there existed a marvelous kingdom now close to a million years ago. The inhabitants of that ancient country were the result of an Aryan-Atlantean mix.” – *My Return to Tibet*.

And in a lecture, he stated: “The Atlantean Mayans brought their science-religion and wisdom to Mesoamerica, Tibet, India, Persia, Egypt, etc. They were great civilizers.”



*Image taken from the website of the Gnostic Institutions of IGA, [igasedemundial.com](http://igasedemundial.com)*

Here lies the reality and the relevance of Atlantis for us today: Why did these great civilizers decide to go civilize other places?

The answer has nothing to do with politics, resources, or materialistic thinking. Rather, this had a superior objective. The legendary sunken island-continent of the Atlantean epoch was in danger of disappearing due to humanity's sins. In order for the continuity of life to be fulfilled, it was necessary for these great civilizers and sages to carry the Gnostic message to other people around the world, like Atlas carries the Earth on his shoulders.

Now thanks to the V.M. Samael, the sacred Institution he founded has inherited this rich treasure, and its mission is to share it with sincere aspirants across the land, call it what you may.

To conclude, let us affirm that the true principles of all authentic religions are Gnostic, that is, based on the love and wisdom of God. V.M. Samael summarizes the unifying diversity of these principles among our Aryan race: ***“The ineffable Chinese Tao is the same Latin Deus, the French Dieu, the Greek Theos, the Spanish Dios, and also the Aztec Nahuatl or Nahuatl Teoti.[1]”***

Bibliography: [1] Aun Weor, Samael. The Secret Doctrine of Anahuac



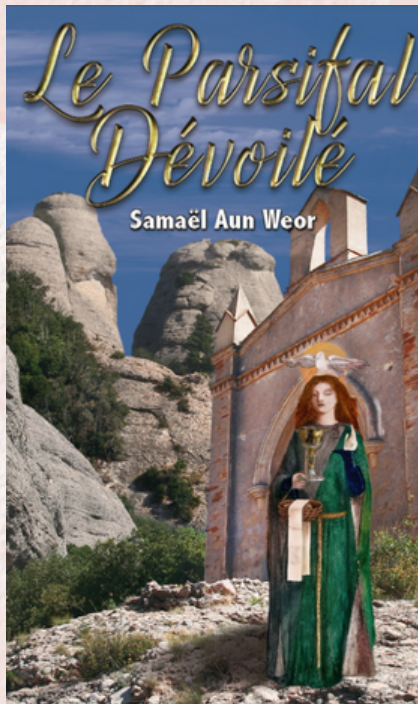
# PARSIFAL UNVEILED

## AND ITS ESOTERIC SYMBOLS

*Nicole Gagnon, Gnostic instructor, Levis, Quebec*

In this article, we'll revisit the symbols present in Wagner's opera, then extend our gaze to their esoteric and Gnostic significance; and then, a greater and higher meaning will emerge than first meets the eye. Such knowledge is evident in this Wagnerian work, and Master Samael helps us discover it.

In this book, Master Samael aims to understand archaic occultism, study the Christic mysteries and analyze esoteric Buddhism. This scientific and pedagogical approach, if ever there was one, resembles the long and difficult road to the Castle of the Holy Grail.



The castle itself could be the place to which all spiritual beings aspire. To get there, the knights of the Grail must carry the spear; the spear is not a mere object, but serves to eliminate egos. The Holy Grail also has esoteric significance: it is the chalice for the ceremony in the work, and this cup is also a symbol representing the feminine yoni.

Before arriving at the castle, the knights must pass through a lake; the lake is, of course, water: esoteric water is the “ens seminis” of the old medieval alchemists, and within it lies the “ens virtutis of fire”. This energy contained within ourselves can be raised by the couple; it can rise through pure love, freed from passionate egos.

Later in the work, we see a character who represents the ego, the black magician Klingsor; then Wagner introduces Amfortas, the King of the Grail, who is the repentant sinner. Amfortas suffers because he was unable to resist Kundry.

Kundry is the marvelous Eve of Hebrew mythology, victim of the black magician Klingsor. Kundry is the sinner through whom Amfortas fell; but she is also the repentant woman. She is the Wagnerian Madeleine who was the plaything of the black magician Klingsor, but she aspires to respect the divine ideals of the Grail. Both angel and demon, she brings the balm to heal Amfortas. She offers the supreme liquid that enables Amfortas to rise through purified love.



In chapter 6, Master Samael declares: "Love is the best religion one can attain." Purified love, lived at a higher level, was Amfortas' goal; however, he gave in to his carnal passions. And in the process, he was wounded to the core. This psychological wound, this estrangement from the divine, is very real on his body. Amfortas has only one desire: to heal, to repair.

On the other hand, Parsifal, innocent because of his distance from worldly desires, will also be tempted: he will kill the swan; then, he will resist Kundry's charms. What is the meaning of the swan's death?

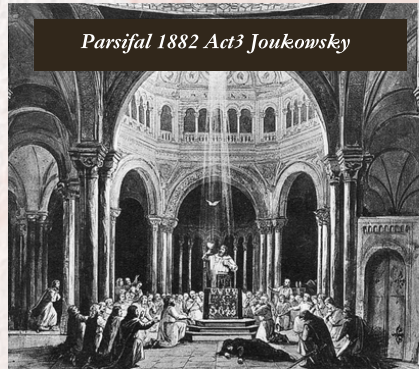




*Scene from Parsifal from the  
Victrola book of the opera (1917)*



*Scene from Parsifal 1882 premiere  
production of Parsifal in Bayreuth*



*Parsifal 1882 Act3 Joukowsky*

Master Samael tells us that the death of the swan means going against the true purpose of the gesture of love, which is to transform oneself through love, and thus rise towards the divine. In short, spiritual aspiration should not be absent from the couple's relationship.

In Wagner's opera, Master Samael shows us that love is presented in both its vilest and purest senses. The opera depicts the earthly passions that are present in sexuality; then, this sexuality is purified, stripped of passions of all kinds. In this book, Master Samael shows us the way to a love that is purified and sanctified because it is devoid of passions.

All the objects, symbols and characters themselves, and what they represent, invite us to rethink what the act of loving as a couple means when it transcends earthly conditions; in a word, the summit that such an act, dispensed with the most tender and pure love, can reach.

Bibliography: Aun Weor, Samael. The Parsifal Unveiled.





## OTTAWA Gnostic CONVENTION 2024

**You are invited to a very special celebration!**

In coordination with the World Headquarters of the Gnostic Institutions and the Canadian National Headquarters, the city of Ottawa, Ontario, has been designated to host the 10th Gnostic Convention Canada-USA.

All members of our institution are invited to attend this great cosmic event whose objectives are to unify our forces and to share the Gnostic Teaching for the benefit of all humanity.

The organizing committee of the convention has the sincere intention of warmly welcoming you and to ensure everything takes place in a harmonious and fraternal way, so your experience is pleasant and enriching for consciousness.

**10<sup>th</sup> Gnostic Convention Canada/USA**  
**70<sup>th</sup> ANNIVERSARY OF THE AVATAR OF AQUARIUS**  
**OCTOBER 25<sup>th</sup>, 26<sup>th</sup>, 27<sup>th</sup> 2024**

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# Visit Ottawa!

Welcome to Ottawa, Canada's capital city, where history, culture, and natural beauty come together to create a memorable travel experience.

The Ottawa-Gatineau region offers a diverse range of activities for visitors to enjoy.

## Here's a list of things to do in and around Ottawa:

### Parliament Hill

- Explore the historic Parliament Buildings.
- This iconic landmark is home to the impressive Parliament Buildings and the Peace Tower.



### ByWard Market

- This historic market is filled with restaurants, cafes, boutiques, and fresh food stalls.
- It's the perfect place to sample local delicacies and pick up unique souvenirs.



### National Gallery of Canada

- The National Gallery of Canada has an extensive collection of Canadian and Indigenous art, as well as international masterpieces.
- Located just minutes from Parliament Hill.





# Visit Ottawa!

## Rideau Canal

- The Rideau Canal, a UNESCO World Heritage Site, in the heart of Ottawa.
- Walk, bike, enjoy boat cruises



## Canadian Museum of History (Gatineau)

- Cross the Ottawa River to Gatineau, Quebec, and explore the Canadian Museum of History.
- Visit the impressive totem poles and First Nations artifacts.



## Gatineau Park

- Nature lovers will find sanctuary in Gatineau Park, just a short drive from downtown Ottawa.
- Hike, bike, or drive through the park to witness stunning landscapes



## Canadian Museum of Nature

- Step into the ancient dinosaur exhibition.
- Explore exhibits on natural history, fossils, and wildlife.

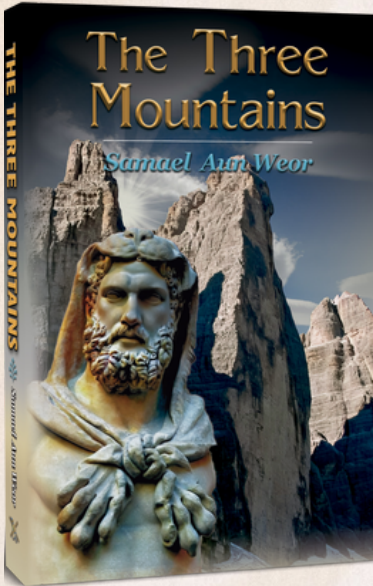






# BOOK

## THE THREE MOUNTAINS



No human being should be criticized for not knowing things that have never been taught to them; the secret path has never been publicly revealed.

All the sacred books of antiquity allude to a secret path. It is essential to draw the maps of the path and to indicate each step with precision, to point out the dangers and so on.

The guardians of the Holy Sepulchre said to me some time ago, *“We know you will be leaving, but before you go, you must leave humanity the maps of the path and your words.”*

I said in reply, *“This I will do.”* From that moment on, I made the solemn pledge to write this book. *Samael Aun Weor*

## ABOUT THE AUTHOR

### SAMAEL AUN WEOR

is the author of over 60 Gnostic esoteric books. He greatly succeeded at unveiling the eternal Gnosis to humanity in a very clear, didactic and practical manner.

**VIEW THE ENTIRE CATALOG OF  
BOOKS AVAILABLE ON OUR WEBSITE**

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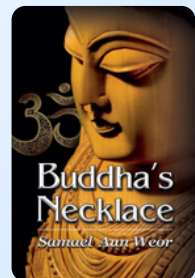
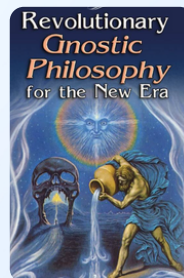
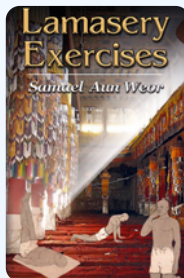
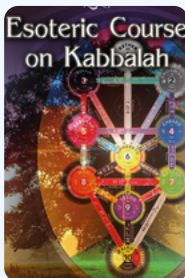
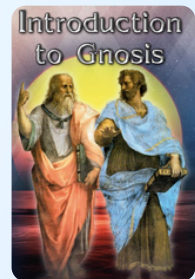
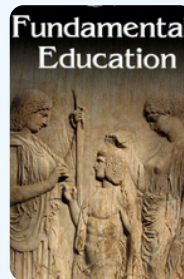
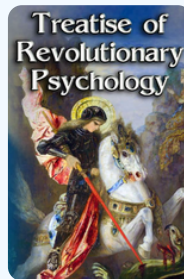
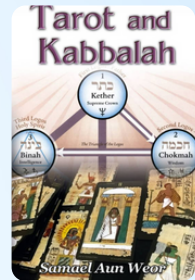
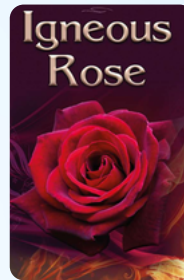
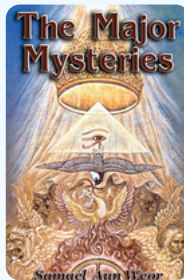
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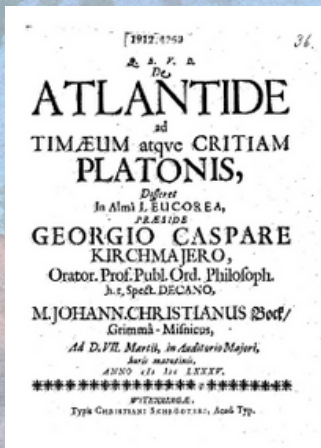
# THE LEGEND OF ATLANTIS

• Geneviève Crevier, Gnostic Instructor, London, Ontario



This lost continent captures everyone's imagination as to whether or not it ever existed. As we know, the first person in our era to speak of it was Plato, in his two dialogues, the *Timaeus* and the *Critias*. But where did Plato himself get this information?

According to what the philosopher himself tells us, he got the details of his account from a relative, Critas, who in turn got them from his great-grandfather Dropides, who in turn was entrusted by the legislator Solon (6th century B.C.) with a confidence that he himself had received from an Egyptian priest of the Temple of Sais during a study trip he undertook to Egypt in 570 B.C., which was under Persian domination at the time.







This same priest asserted that the great catastrophe had occurred almost 9,000 years before his time. The sinking of Atlantis was said to be the result of a war between Athens and the mystical continent, a punishment by Zeus for the degenerate Atlanteans of the time.

When we know, thanks to V.M. Samael Aun Weor, that the pyramids of Egypt are of Atlantean descent (*The Solar Bodies*), it is not surprising that this account comes from an Egyptian priest. Master Samael Aun Weor also tells us in this book that the final catastrophe that engulfed Atlantis occurred some 11,000 years ago. The Egyptian priest's calculations are therefore fitting.

Many scholars doubt the existence of Atlantis as described by Plato, because the location that he gives it, "behind the columns of the Temple of Hercules" in the Strait of Gibraltar, is so vast and so close to Europe. Yet behind these columns is the Atlantic Ocean, exactly where the other text indicates.







Roman tradition tells us that the name was introduced when Hercules, on his way to the Garden of the Hesperides to perform his tenth task, had to cross the mountain that was once Atlas. Instead of climbing the great mountain, Hercules would have used his superhuman strength to cut his way through. But the fact that Plato chooses this reference to show us where the lost continent lies is no accident. We need to follow Hercules' example by carrying out these 12 labors within ourselves, particularly cleaning out our ego-filled "Stables of Augeas" to have a temple worthy of the name and thus incarnate our Being.

Also, in the book *The Three Mountains*, V.M. Samael Aun Weor tells us that during the 10th labor of Hercules, which consists in resisting the "dogs Orthos and Euryption, living symbol of animal passion" and becoming Shepherd of the herd of oxen/ewes, we must raise the columns of Hercules within ourselves.

We'll then be able to verify for ourselves the authenticity of these stories, and we'll be able to say whether or not Atlantis is a legend.

Bibliography: Aun Weor, Samael. *The Three Mountains*.





# GNOSIS ONLINE COURSE

AGIRA-IGAAS Canada has a distance learning platform available to anyone interested in learning Gnosis.

Our platform offers several different courses to deliver Gnostic teachings in a didactic way for a better understanding of the student.



## TOPICS INCLUDE

- The awakening of consciousness
- Self-knowledge, the Inner Being and the ego
- The mysteries of life and death
- Cosmic laws: karma, reincarnation
- Chakras and occult anatomy
- Meditation, mantras and astral projection
- The wisdom of ancient civilizations
- Alchemy, Kabbalah
- Tarot and the Mysteries of Egypt

Welcome to Gnosis Online Course



# MEDITATION

When the magician immerses himself in Meditation, he is looking for information.

Meditation is a Scientific system to receive inner information.

## MEDITATION ENTAILS FOUR PHASES

1: **ASANA** (posture of the Physical body). The body has to remain in a completely comfortable position.

2: **DHARANA** (Concentration). We must turn the mind away from all kind of earthly thoughts. Earthly thoughts must fall dead before the doors of the temple. We have to concentrate the mind only inwards, on our Intimate one.





3: **DYANA (Meditation).** In those instants the student must meditate on the Intimate one. The Intimate one is the Spirit.

*"Remember that your bodies are the temple of God alive, and that the Almighty dwells in you".*

The disciple must deeply drowse trying to converse with their Intimate one.

4: **SAMADHI (Ecstasy).** If the disciple has managed to drowse meditating on their Intimate one, they then go into a state of Samadhi and can see and hear ineffable things, and chat with the angels. This is how the consciousness awakes from its millenary lethargy.

This is how we can acquire true divine Wisdom without damaging the mind's power with the battling of reasoning, or with vain intellectualism.

Meditation is the sage's daily bread.

Bibliography: Aun Weor, Samael. Christ Consciousness, ch. 3.



# ASTROLOGICAL SIGN

## PISCES



Pisces is wisely symbolized by two Fish; the Fish is the soma of the Mysteries of Isis.

The Fish is the living symbol of Primitive, Gnostic Christianity.

The Two Fish of Pisces linked by a hyphen have a profound Gnostic significance; they represent the two Souls of the Primordial Elohim submerged within the deep waters of Mother-Night.

The sacred couple, the Divine Eternal Matrimony, is always symbolized by two fish linked by a hyphen; the latter is the Being, Atman.

Bibliography: Aun Weor, Samael. Zodiacal Course

### FIND YOUR NEAREST GNOSTIC CENTER

Each Gnostic Centre has the mission to disseminate Gnosis as it was unveiled by the V.M. Samael Aun Weor.

Our certified instructors offer their students weekly activities, such as lectures, practices on a specific theme and meditation classes.

For a list of centers, visit: [www.gnosis.ca](http://www.gnosis.ca)





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